




LaQuitta Mason

ELife Home Care

Administrator

Cypress, Texas

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LaQuita is a highly accomplished Healthcare Administrator with over 20 years of experience, including a decade of honorable service in the United States Air Force. She holds a Master's Degree in Healthcare Administration with a concentration in Long-Term Care and has built a career defined by clinical excellence, strategic leadership, and a deep commitment to compassionate care.

Her military background includes critical roles in Family Medicine, Intensive Care, Emergency Medicine, and Aeromedical Evacuation. These high-stakes environments shaped her ability to lead under pressure, think critically, and deliver exceptional outcomes. As an executive healthcare leader, LaQuita has managed multi-million dollar operations across Post-Acute Care, Long-Term Care, Home Health, and Hospice. She has led interdisciplinary teams of up to 120 providers and support staff, consistently driving performance, regulatory compliance, and quality care initiatives.

LaQuita's leadership is rooted in integrity, service, and a personal connection to caregiving. Her experience caring for a loved one instilled in her a deep understanding of the responsibility and compassion required in home care. She is known for her collaborative style, high standards, and her belief that "excellence is personal." Outside of her professional life, LaQuita enjoys traveling with her spouse and exploring the natural beauty of the world.