



Tristan Winslett

Caring Transitions

General Manager

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Tristan Winslett serves as General Manager for Caring Transitions of The Woodlands & Brazos Valley, where she helps seniors and their families navigate life's major transitions with compassion and care. With two years at the company and active involvement in Serving Houston Seniors, Tristan has built a reputation for guiding clients through relocation, downsizing, and estate liquidation with personalized support and attention to detail.

Passionate about helping others, Tristan found her calling in senior care—a field she describes as deeply rewarding and fulfilling. She leads with empathy, ensuring that every client experiences a smooth, stress-free transition, whether they are downsizing, moving, or managing an estate.

Outside of her professional role, Tristan enjoys adventuring with her husband, their five children, and two Shih Tzus, embracing family life with the same energy and dedication she brings to serving her clients.